# OKOBOJI YACHT CLUB SAILING SCHOOL

# RACING NEWSLETTER



It's a great day to be an OYC Sailor.

### **REGATTA PREP:** "LET'S GET READY FOR TO RUMBLE!"

We talk about the X Boat being a "tank". It is a bit heavy for its sail area, but even tanks are consistently optimized for performance and speed.

One Design sailing is all about optimizing equipment and teams. It is that simple. As a coach, I believe it is incredibly disappointing to have equipment ruin your regatta. Parents and sailors drive for hours to get to the event, spend days away from home, and cash to only have an equipment issue lead to a finish that is less than where you know you could have finished.



### LET'S NEVER LET THE SIMPLE THINGS BE THE REASON WE FAIL.

- 1. Clean inside and out. A clean boat is a fast boat. There isn't a pro team around that doesn't do this.
- 2. WAX! My goto is Hullkote (unless you have 10 hours to wet sand). I never race without it.
- 3. Lubricate anything that moves. Bearing Conditioner.
- 4. Remove every ounce possible. When the boat is heavy, it is even more important. Keep it legal.
  - a. NO gear bags except for hydration, snacks to keep focus, and apparel for the day's conditions
  - b. Remove gear drawers
  - c. Remove any extra gear not needed to race
  - d. Remove boom crutches for racing
  - e. Reduce lines to minimal sizing and length, wtih multiple lines for differing conditions.
  - f. Use line that do not absorb moisture when appropriate for use
  - g. Eliminate hardware when not needed and reduce / lighten when hardware when possible
  - h. NO sail panels needed. [This is a parent's call as it relates to personal safety.]

Being ready is a psychological benefit that racers appreciate. It allows them to focus on the competition instead of worrying why they may not be the fastest.

We will commit to help you optimize your program if you schedule it with our Director. Please email gouldrandys@gmail.com to get on the list.

# **REGATTA READY:**

### Team OYC represented at Dingyfest!

Bradley and Brandon will be heading to Fontana Sunday with Harry Whittenburg-Nelson to GLSS to sail X Class and represent OYC. This is a big event and the first major regatta prepping for Inlands. These P boats are well prepped to do finish well against ILYA sailors

It is not too late, get signed up. \$140 and a ride to Buddy Melges's Sailing School. There are rooms still available in Fontana and Delavan. Maybe next year a few OPTI's ...

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# INLANDS X & OPTI: Early Registration closes July 10th to save \$50.

Let's make the TEAM OYC at least seven boats. You won't regret it.

Let's get boats to this event. Attending for the TEAM OYC include John and Rob Baker, Brandon and Bradley Wagner with tentative programs of Carter and Nick as well as Derek considering the trip.

### **RACING CLINICS:** MONAHAN CANCELLED SO WE ARE GOING VIRTUAL!

We have replaced this clinic with an assessment of each program in preparation of Crary Clinic

We need everyone to attend these sessions on the 12<sup>th</sup> – 14<sup>th</sup>. One on one training that will come with a bit of relief from the standard drills. Friday will be a mini regatta with prizes and report outs on where we are going to focus.

Going Digital. Video on and off the water for chalk talks and digital analysis through KATTACK.

Tom Verburgt, a friend, competitor, and founder of KATTACK has graciously donated the use of the App to OYC Sailing School. What we need from you:

- Smart phone (iPhone or Android)
- Watertight bag, a ziplock will work.
- A place to fix the phone in the boat.

# CLASSES ARE GROWING: HERE COMES THE OPTI.

The All lowa Regatta had 6 Opti registered and this week we had 9 Opti sailing in the racing program.

We are scrambling to find enough gear for the demand as we have an upcoming class of 10, yes 10! That is a great problem to have and we are meeting the challenge.

X Class sessions have jumped to eight. We are getting close to have a full group and we are going to focus on fun activities in-between our clinics that are water focused. Please convince your racers to get out for these, as we see a huge difference from those who attend regularly and those who don't. A lot of time is committed to a program and maximizing the effort is the best way to engage TEAM OYC.

#### **UPCOMING RACING EVENTS:**

We want to confirm interest for the following events. Ashley Wagner blocked out rooms.. **Please email** gouldrandys@gmail.com to get a roster started. Thanks!

GLSS Dingyfest, Fontana, WI <u>July 10-12</u>

• Inlands X & Opti, Delevan, WI July 26 - 29 and July 31 -August 1

Interlake, White Bear, MN August

Blue Chip, Cedar Lake, WI
<u>August 11 - 12</u>